## WEEK 1

W/C: $17 / 4$ 8/5 19/6 10/7 11/9 2/10 13/11 4/12 15/1
MENU

|  |  | MONDAY | TUESDAY |
| :---: | :---: | :---: | :---: |
| $\underset{\mathbf{N}}{\mathbf{N}}$ | Meat option <br> Dish 1 | Cheese \& Tomato Pizza <br> Cheese and Tomato Deep base Pizza MEAT | Sausages <br> Pork \& beef cocktail sausages in gravy served with mashed potatoes |
| $\begin{aligned} & \mathbf{N} \\ & m \\ & \mathbf{N} \\ & \mathbf{N} \end{aligned}$ | Veg option <br> Dish 2 | Chickpea and Vegetable Tikka Masala and Rice Mild Tikka Masala served with Wholegrain Rice | Macaroni Cheese <br> Macaroni Pasta in a Cheese Sauce |
|  | Jacket Potato Vegetables | Jacket Potato with Cheese <br> Golden Sweetcorn or Salad | Jacket Potato <br> With Vegetarian Bolognese <br> Rainbow Vegetables or Salad |
| 0 <br> +1 <br>  | Desserts | Smooth Fruit Yoghurt | Cranberry \& Orange Shortbread |

WEDNESDAY

| Roast Chicken with Roast Potatoes and Gravy | Beef Pasta Bolognese Traditional Beef Bolognese with Fusilli Pasta | Fish Fingers <br> Breaded fish fingers, Chips, Beans or Salad |
| :---: | :---: | :---: |
| Cheese \& Vegetable Bake Vegetable bake served with Roast Potatoes | Vegetarian Meatless Balls Served in a Tomato Sauce with Wholegrain Ricem | Vegetarian Burger 0 Served with Chips, Beans or Salad |
| Jacket Potato with Salmon Mayonnaise \& Salad | Jacket Potato with Baked Beans | Jacket Potato 0 with Cheese |
| Carrots and Cabbage | Garden Peas or Salad | Baked Beans or Salad |
| Jammy Jack | Pineapple Upside down cake | Fruity Friday |
|  | 0 |  |

Bread, Salad, Water \& Fruit available every day. Ketchup served on Friday

V Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

## WEEK 2

W/C: 24/4 15/5 5/6 26/6 17/7 18/9 9/10 30/10 20/11
MENU


Meat option
Dish 1
Steamplicity 2023/2024

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| :---: | :---: | :---: | :---: |
| Cheese \& Tomato Pizza $\mathbf{V}$ Cheese and Tomato Deep base Pizza | Chinese Chicken \& Egg Rice <br> Mild spicy egg rice and chicken | Roast Ham with Roast Potatoes and Gravy Roast Ham with Roast Potatoes and Gravy | Beef Burger in a Bun <br> Traditional beef burger with ketchup and diced potatoes. |
| Cauliflower Macaroni Cheese Cauliflower and Macaroni in a Cheese Sauce | Cheese \& Tomato Pasta ${ }_{v}$ <br> Tomato sauce with cheese and wholewheat Pasta | Vegetarian Sausage <br> Quorn sausage served with Roast Potatoes and Gravy | Vegetarian Pasta Bolognese <br> Vegetarian mince Bolognese served with Wholewheat pasta |
| Jacket Potato With Baked Beans | Jacket Potato With Cheese | Jacket Potato <br> With Tuna Mayo \& Salad | Jacket Potato <br> With Baked Beans |
| Garden Peas or Salad | Green Beans or Salad | Carrots and Cabbage | Rainbow Vegetables or Salad |
| Banana Marble Sponge | Smooth Fruit Yoghurt | Apricot Shortbread | Jammy Jack |

## FRIDAY

## Fish Fingers

Breaded fish fingers, Chips, Beans or Salad正
Crispy Quorn Dippers served with Chips, beans or Salad
Jacket Potato ${ }^{\text {Win }}$

With vegetarian bolognese
Baked Beans or Salad
Baked Beans or Salad

Bread, Salad, Water \& Fruit available every day. Ketchup served on Friday

V Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

## WEEK 3

W/C: 1/5 22/5 12/6 3/7 24/7 4/9 25/9 16/10 6/11
MENU

## 27/11 18/12 8/1 29/1 19/2 11/3

| Meat option Dish 1 | Cheese \& Tomato Pizza Cheese and Tomato Deep base Pizza | Sausages <br> Pork \& beef cocktail sausages in gravy served with mashed potatoes |
| :---: | :---: | :---: |
| Veg option Dish 2 | Beany Chilli \& Rice <br> Mixed Bean Mild Chilli served with Wholegrain Rice | Chinese Vegetable \& Egg Rice ( <br> Stir Fried Vegetables with Wholegrain Rice and Egg |
| Jacket Potato | Jacket Potato With Baked Beans | Jacket Potato With Tuna Mayo |
| Vegetables | Rainbow Vegetables or Salad | Garden Peas or Salad |
| Desserts | Pineapple Upside down cake | Smooth Fruit Yoghurt |


| WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: |
| Roast Chicken <br> with Roast Potatoes and Gravy | Chicken Tikka Masala and Rice <br> Mild Tikka Masala served with Wholegrain Rice | Fish Fingers <br> Breaded fish fingers, Chips, Beans or Salad |
| Vegetarian Sausage <br> Quorn sausage served with Roast Potatoes and Gravy | Macaroni Cheese <br> Macaroni Pasta in a Cheese Sauce | Vegetarian Meatless <br> Balls <br> Served in a Tomato Sauce with Chips |
| Jacket Potato With Cheese \& Salad Carrots and Cabbage | Jacket Potato <br> With vegetarian bolognese <br> Green Beans or Salad | Jacket Potato <br> With Cheese <br> Baked Beans or Salad |
| Cranberry \& Orange Shortbread | Mandarin \& Lemon drizzle slice | Fruity Friday |

3

Bread,Salad, Water \& Fruit available every day. Ketchup served on Friday

V Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

